



Parish Update

Donegal, Killymard, Lough Eske and Laghey

Sun 5th July - Trinity 4

Gospel reading for Today – Matthew 11: 25-30

At that time Jesus said, "I praise you, Father, Lord of heaven and earth, because you have hidden these things from the wise and learned, and revealed them to little children. Yes, Father, for this is what you were pleased to do. "All things have been committed to me by my Father. No one knows the Son except the Father, and no one knows the Father except the Son and those to whom the Son chooses to reveal him. "Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."

Collect for Today

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: Increase and multiply upon us your mercy; that with you as our ruler and guide, we may so pass through things temporal that we finally lose not the things eternal: Grant this, heavenly Father, for Jesus Christ's sake, our Lord. Amen.

Rector's Thoughts

What wonderful words from our Saviour in Matthew 11: *Come to me, all you who are weary and burdened and I will give you rest.*

Many of us go through life with all sorts of burdens due to bad experiences, failures, fears and so on. Jesus is inviting us to exchange those heavy burdens for the light burden of being his follower. He is gentle and humble in heart, and promises rest for our souls.

If the whole Bible was to be taken away and we could only keep one verse, I'd think I'd keep this.

Online Services (on Facebook Live)

Sundays at 12noon, Wednesdays at 8pm, Fridays at 1pm

In-Church Services

9:30am Killymard (1st, 3rd & 5th Sundays)
Lough Eske (2nd & 4th Sundays)
10:45am Laghey (every Sunday)
12:00noon Donegal (every Sunday) + Livestreamed

Announcements

Thankyou: To everyone who has worked so hard to get our in-church services up and running. A special word of thanks to our churchwardens and vestry members for all their support and advice.

Reopening for in-church worship: A separate letter has gone out with full details of this. The key messages are: **1. DO NOT come to church if you have COVID symptoms** (fever, cough, breathing difficulties). **2. Maintain social distancing** of 2m. **3. Sanitise hands** on entry and exit. Please arrive early to allow for orderly entry and seating (some pews will be blocked off to maintain social distancing). Consider government advice on face coverings and cocooning. Note that there will be no Holy Communion or singing yet, and services will be shortened to approx. 30 mins.

Alpha Course Online: We plan to run an online Alpha Course in August using Zoom videoconferencing. A great opportunity to do the course which has been experienced by over 20 million people worldwide. More details to follow...

The Mustard Seed: Cafés and community facilities are now allowed to open again subject to social distancing and hygiene requirements so we are at work on planning for a return of the Mustard Seed when this can be done safely. Watch this space...!

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