



# Parish Update

## Donegal, Killymard, Lough Eske and Laghey

### 24<sup>th</sup> Jan 2021 – Third Sunday after Epiphany

#### Bible Reading for Today – Mark 1 : 21-28

They went to Capernaum, and when the Sabbath came, Jesus went into the synagogue and began to teach. The people were amazed at his teaching, because he taught them as one who had authority, not as the teachers of the law. Just then a man in their synagogue who was possessed by an impure spirit cried out, "What do you want with us, Jesus of Nazareth? Have you come to destroy us? I know who you are—the Holy One of God!"

"Be quiet!" said Jesus sternly. "Come out of him!" The impure spirit shook the man violently and came out of him with a shriek. The people were all so amazed that they asked each other, "What is this? A new teaching—and with authority! He even gives orders to impure spirits and they obey him." News about him spread quickly over the whole region of Galilee.

#### Collect for Today

Almighty God, whose Son revealed in signs and miracles the wonder of your saving presence: Renew your people with your heavenly grace, and in all our weakness sustain us by your mighty power; through Jesus Christ our Lord. Amen.

#### Rector's Thoughts

*"as one who had authority"*

*The crowds in Galilee were amazed at the authority Jesus displayed in his teaching and his casting out of demons. He also had authority over sickness, sin and even the forces of nature (remember him calming the storm?) Rather than trying to be Lord and Master of our own lives, let's remember that real peace and real power come from acknowledging the authority of King Jesus.*

*Love & prayers, David*

#### Online Services (on Facebook Live)

Sundays at 11am  
Wednesdays at 8pm  
Fridays at 1pm

#### Announcements

**New Phone Service:** Our newly-launched telephone service is especially helpful for anyone who is not able to access our online services. Just dial **074 9710199** from your ordinary phone and you will hear a specially-recorded Morning Prayer service (approx. 10-12 mins) which will be updated each week. We've had a great response – please spread the word!

**Envelopes:** Please return all envelopes and monies for 2020 to your parish Treasurer **before the end of January 2021**. Please also speak to your Treasurer or to Louise if you wish to set up a Standing Order going forward. Many thanks!

**Hope Groups:** During difficult times how can we find Hope & Help? Online groups Tues and Fri 2-3pm (for anyone) and Thurs 8-9pm (for men only). Looking at people in the Bible who find themselves in difficult situations to discover together how each of them found help and hope. Contact Sandra or Brian on 083 3515400 for further information and log in details.

**Early Birds:** Saturday Morning Discipleship with the Mustard Seed. 10-11am online via Zoom. 'Together, Growing & Experiencing God.' All welcome! Contact Sandra or Brian (083 3515400) for enquires and log in details.

**Wednesday Fellowship Group:** On Zoom on Wednesdays at 10.00am. Talk to Bev 074 9721075 for info and to join in.

**The Mustard Seed:** We are continuing our Food and Toiletries Appeal, these can be dropped off on Fridays, 10am - 1pm.

**Kingdom Kids:** Our children's video series continues. Each new weekly episode should appear on YouTube and Facebook. It's aimed at kids in National School, but people of all ages might enjoy taking a look!

**Confirmation:** We hope to hold a confirmation service/services around 13<sup>th</sup> June 2021. This is only a provisional date and may be subject to change due to Covid-19. Confirmation is for 6<sup>th</sup> class and above and online lessons will begin after the February mid-term break. Adult confirmation is also possible (separate lessons...!) Speak to the Rector for more info.

#### Contacts:

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