



# Parish Update

Donegal, Killymard, Lough Eske and Laghey

21<sup>st</sup> January 2024 – The 3<sup>rd</sup> Sunday after Epiphany

## Bible Reading for Today – Psalm 62: 5-12

- <sup>5</sup> Yes, my soul, find rest in God;  
my hope comes from him.
- <sup>6</sup> Truly he is my rock and my salvation;  
he is my fortress, I shall not be shaken.
- <sup>7</sup> My salvation and my honour depend on God;  
he is my mighty rock, my refuge.
- <sup>8</sup> Trust in him at all times, you people;  
pour out your hearts to him, for God is our refuge.
- <sup>9</sup> Surely the lowborn are but a breath,  
the highborn are but a lie.  
If weighed on a balance, they are nothing;  
together they are only a breath.
- <sup>10</sup> Do not trust in extortion or put vain hope in stolen goods;  
though your riches increase, do not set your heart on them.
- <sup>11</sup> One thing God has spoken, two things I have heard:  
'Power belongs to you, God,
- <sup>12</sup> and with you, LORD, is unfailing love';  
and, 'You reward everyone according to what they have done.'

## Collect for Today

*Almighty God, whose Son revealed in signs and miracles the wonder of your saving presence: Renew your people with your heavenly grace, and in all our weakness sustain us by your mighty power through Jesus Christ our Lord. Amen.*

## Rector's Thoughts

*Our reading this week from Psalm 62 teaches us to trust the Lord at all times and pour out our hearts to him. Whatever we face, it's made better by taking it to God in prayer.*

*\* This Sunday Sarah will be with us for a World Mission update.*

*David*

## In-Church Services

- 9.30 Killymard (1<sup>st</sup>, 3<sup>rd</sup>, 5<sup>th</sup> Sunday)  
Lough Eske (2<sup>nd</sup> & 4<sup>th</sup> Sunday)
- 10.45 Laghey (every Sunday)
- 12.00 Donegal (every Sunday) +online

## Online Services

Fri 1pm, Sun 12noon

## Phone Service

074 9710199

## Prayer Points 🙏

Thank God that he hears our prayers.

Pray for the preaching, teaching and doing of the word of God and for help for all in need.

## Announcements

**Sunday services:** 21<sup>st</sup> Jan MP (K,L,D); 28<sup>th</sup> Jan FS (LE,L,D); 4<sup>th</sup> Feb HC (K,L,D); 11<sup>th</sup> Feb HC (LE), MP (L,D). Ash Wed 14<sup>th</sup> Feb.

**Sarah Ross:** Sarah will be at services on 21<sup>st</sup> to give an update on her mission work in Armenia. Don't miss it!



**Sunday Schools:** Laghey 2<sup>nd</sup> & 3<sup>rd</sup> Sunday of month and Donegal 1<sup>st</sup> & 3<sup>rd</sup> Sunday of month in school term.

**Youth Group:** Our Secondary age group will return on 21<sup>st</sup> January for yet more fun! Sunday evenings 7-8.30pm.

**The Mustard Seed:** Open on Wed, Thu & Fri 10.30am-2pm & Fridays 7pm – late (check for details). Prayer time for all on Fridays at 12.30pm. **Abaana Children's Choir:** From Uganda, coming to Donegal Town 9<sup>th</sup> March. Details to follow.

**Child Safeguarding Training:** Postponed due to the weather forecast. A new date will be set soon.

**Laghey Hall Development:** We are delighted to have been awarded a CLÁR grant of €50,000 from the Dept of Rural and Community Development for a community/sensory garden at Laghey Hall. A major step for the development project.

**Killymard Work Party:** Saturday 27<sup>th</sup> Jan from 10.00am. Splitting some logs and having some chat, maybe a cup of tea!

**Bridging across Cultures:** An event on sharing the good news with our Muslim friends. 10<sup>th</sup> Feb 10am – 12.30pm at Trinity Hall Letterkenny. <https://form.jotform.com/233514291465355>

**2023 Monies:** Please return any 2023 envelopes/donations as soon as possible, to enable inclusion in annual reports.

**Alpha:** We plan to run an Alpha course on Wednesday nights, starting mid-Feb. Who could you invite?

**Contact:** Archdeacon David Huss: 074 9721075 or 087 2882484 ~ Parish Office & The Mustard Seed: 074 9702329

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