



Parish Update

Donegal, Killymard, Lough Eske and Laghey

18th August 2024 – the Twelfth Sunday after Trinity

Bible Reading for Today – John 6: 51-58

⁵¹ I am the living bread that came down from heaven. Whoever eats this bread will live forever. This bread is my flesh, which I will give for the life of the world.⁵² Then the Jews began to argue sharply among themselves, "How can this man give us his flesh to eat?"⁵³ Jesus said to them, "Very truly I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you.⁵⁴ Whoever eats my flesh and drinks my blood has eternal life, and I will raise them up at the last day.⁵⁵ For my flesh is real food and my blood is real drink.⁵⁶ Whoever eats my flesh and drinks my blood remains in me, and I in them.⁵⁷ Just as the living Father sent me and I live because of the Father, so the one who feeds on me will live because of me.⁵⁸ This is the bread that came down from heaven. Your ancestors ate manna and died, but whoever feeds on this bread will live forever."

Collect for Today

*Almighty and everlasting God,
you are always more ready to hear
than we to pray and to give more than
either we desire, or deserve: Pour down
upon us the abundance of your mercy,
forgiving us those things of which our
conscience is afraid, and giving us those
good things which we are not worthy to ask
save through the merits and mediation
of Jesus Christ your Son our Lord. Amen.*

Rector's Thoughts

Jesus continues his 'bread of life' speech by explaining that we must 'eat his flesh' and 'drink his blood' to receive the life he wants to give. This means putting our faith in him and savouring him as our truest and finest Food. The Lord's Supper and the Scriptures help us do this.

In-Church Services

9.30 Killymard (1st, 3rd, 5th Sunday)
Lough Eske (2nd & 4th Sunday)
10.45 Laghey (every Sunday)
12.00 Donegal (every Sunday) +online

Prayer Points

Thanks: Jesus, true and living bread.

Prayer: growing in our dependence and delight.

Announcements

Sunday services: 18th Aug MP (K,L,D); 25th Aug MP (LE,L,D); 1st Sept HC (K,L,D); 8th Sept HC (LE), MP (L,D)

Raise the Roof Laghey: Remember you can donate at [gofundme.com](https://www.gofundme.com) or by envelope or bank transfer (ask for details).

Trash → Cash: Bottles & cans with Re-turn logo can be left (clean & bagged please) at Kee's of Laghey Petrol Station. A full bin bag of cans/bottles is typically worth €10 so it's well worth doing. Many thanks!

The Mustard Seed: Tea Room Wed-Fri 10.30am–2pm, **Prayer time** Fridays @12.30pm. **Bags from Nigeria** on sale now! We would welcome any new volunteers to help in the Mustard Seed – no experience needed. Talk to David or Louise.

Late night café: Fridays at the Mustard Seed 7pm until late. Fresh coffee, tasty treats, good company.

Thank you: The recent outing on Donegal Bay Waterbus raised €3,520 for Donegal Church funds. Thanks everyone!

Vintage Tea: Methodist Church Sat 17th Aug 2pm & 4.15pm. €15 Contact Adeline (0877919508) or Valerie (0876108066).

Cake Sale: Donegal Church Hall Saturday 24th August 12noon. Please speak to Audrey Irwin if you could bake something.

Heritage Week: Open Day Donegal Church Sunday 25th August 2-5pm. Historic displays & activities for all ages.

Contemporary Worship: Save the date of Sunday 1st September at 7.30pm in Donegal Methodist Church.

Big Restart: Derry & Raphoe Youth event Saturday 5th Oct 11am-2.30pm at Oakfire Adventure Derry. For anyone in Secondary School. [Contact David to sign up.](#) **Youth Group:** We hope to begin Sunday nights again soon (mid Sept).

Confirmation: We plan to hold a Confirmation service around May/June 2025 (date will be set by the Bishop) for those in 6th class or above. Details will follow in the autumn and classes will be in the new year. Adult candidates also welcome.

The 100-mile month: The rector is planning to walk 100 miles in September to raise funds for Laghey roof (and to improve his fitness...) If you would like to sponsor him or to join the challenge yourself more info will be available soon.

Contact: Archdeacon David Huss: 074 9721075 or 087 2882484 ~ Parish Office & The Mustard Seed: 074 9702329

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